



FRANCIS HOLLAND SCHOOL
SLOANE SQUARE

DIGITAL SAFETY

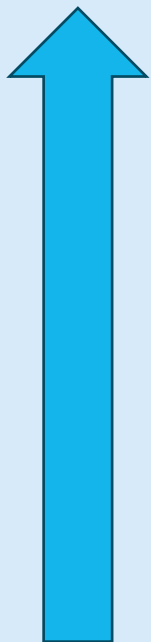
Parent Forum

Feb 2024

Interactive Polls

[menti.com \(7547 9279\)](https://www.menti.com/75479279)

OR scan the QR Code

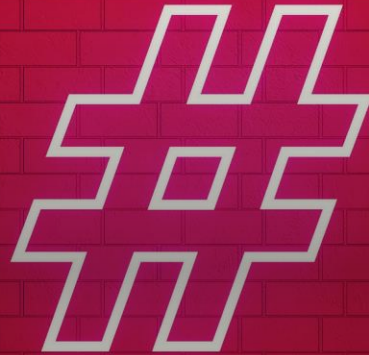


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the QR
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WHAT DO YOUNG PEOPLE
MOST VALUE ABOUT THEIR
ONLINE LIVES?





AT WHAT AGE IS IT OK FOR A
CHILD TO KEEP THEIR
MESSAGES PRIVATE FROM
THEIR PARENTS?





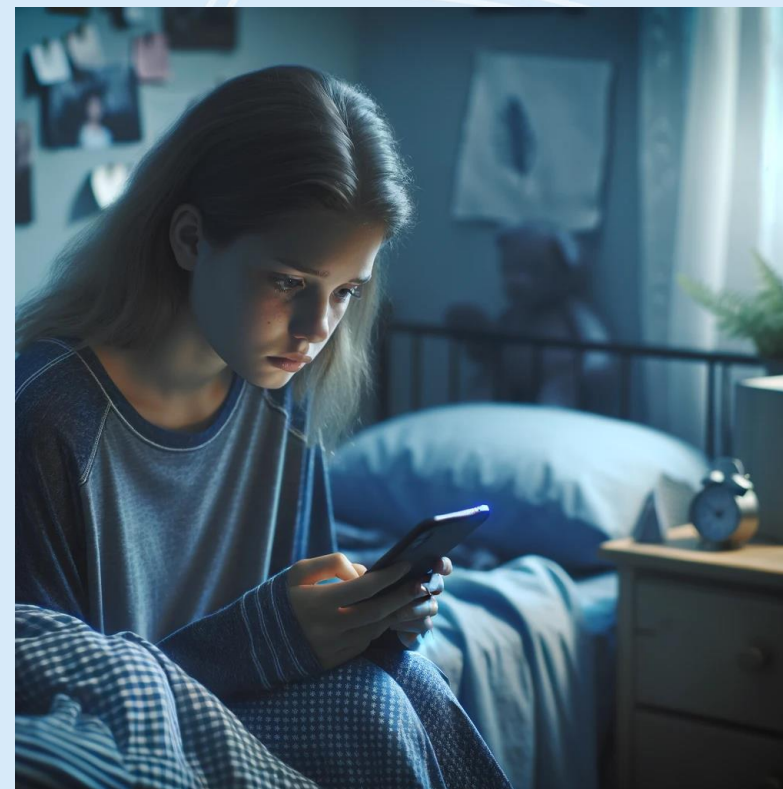
FOUR AREAS OF RISK

Content

Conduct

Commerce

Contact



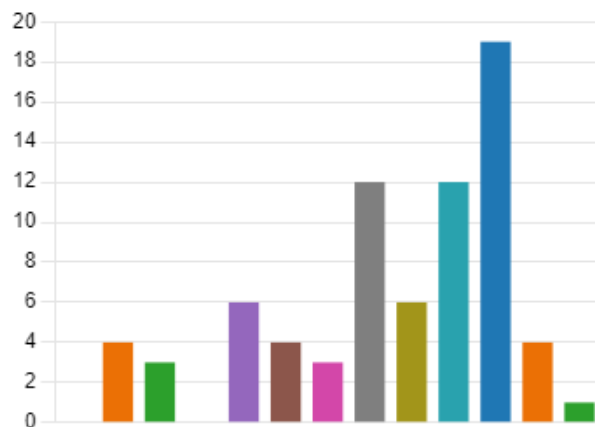


WHAT ARE FHS PARENTS CONCERNED ABOUT?

4. Choose up to three online safety topics you would like more information about.

[More Details](#)

● Live steaming	0
● Sexting	4
● Online gaming	3
● Malware	0
● Online privacy	6
● Child exploitation online	4
● Pornography	3
● (Cyber)bullying	12
● Screen time	6
● Self-harm, disordered eating an...	12
● Children's use of social media	19
● Generative AI	4
● Online extremism	1

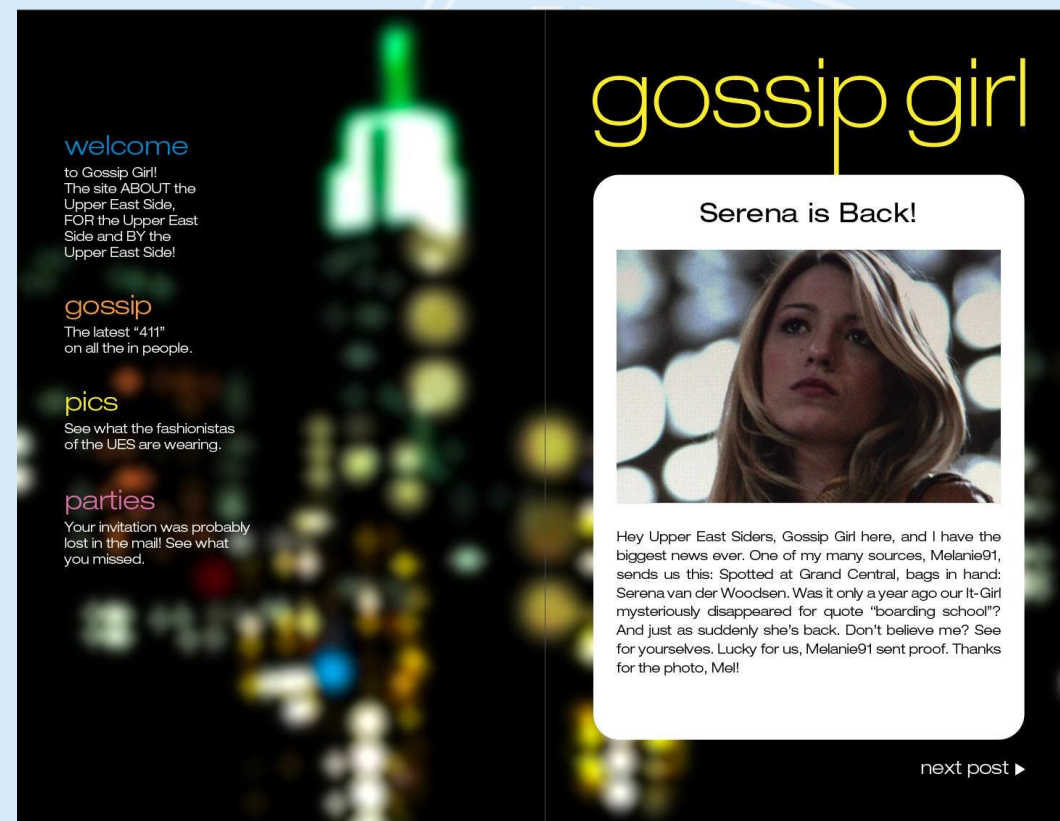


1. Social media
2. Self-harm, unhealthy eating, suicide
3. Cyber bullying
4. Screentime
5. Online privacy



WHAT ARE WE SEEING?

- ‘Gossip Girl’, ‘confessions’ and ‘slander’ accounts
- Cyber bullying
- Inappropriate messaging with strangers
- Unhealthy eating
- Searching for pornographic content
- Sharing ‘nudes’





AI

- New tool, old problems.
- First encounter likely to be MyAI in SnapChat
- Academic Honesty
- Support learning instead of avoiding learning!
- Exposure to inappropriate content.
- BIG issues
 - Knowing what is real and what is faked
 - Use of image and video generators in bullying and online harassment





SCREEN TIME

- Is the concern about screen time itself or what is happening when a child is using a screen?
- Instructions for prep are given via Teams, many tasks are completed by hand.
- Make paper to do list.
- Device go away until needed.
- Hour before bed for low intensity and screen-free
- Time for device based leisure





WHAT CAN
WE DO?





UNDERSTAND

Research
and use the
same apps
as your
children

[SnapChat](#)

[Instagram](#)

[TikTok](#)

[WhatsApp](#)

[Roblox](#)

Consult
expert
online
safety
resources:

[Internet Watch Foundation](#)

[UK Safer Internet Centre](#)

[Common Sense Media](#)

[Internet Matters](#)

[Parent Zone](#)





HAVE REGULAR CONVERSATIONS

Talk regularly. Don't wait for a crisis!

Ask your child to show you what they enjoy about the apps they use.

- Who do they follow? How do they find people to follow?
- Who follows them? How do they decide which requests to accept?
- What are the best/funniest/most though-provoking things they have seen or shared?
- Has anything they have encountered on the app made them feel uncomfortable?
What did they do? Would they do anything different next time?

Be positive and open minded



HOUSE RULES

Discuss and negotiate family rules together

Enforce age limits (13 years for all social networks)

Insist on restricted/child accounts until 16 years old

One account per platform.

No anonymous accounts

No screen use after 9pm

No phones in bedrooms

Consequences and sanctions

How can your child demonstrate their maturity?



'DUMB' PHONES: PUNISHMENT OR PROTECTION?

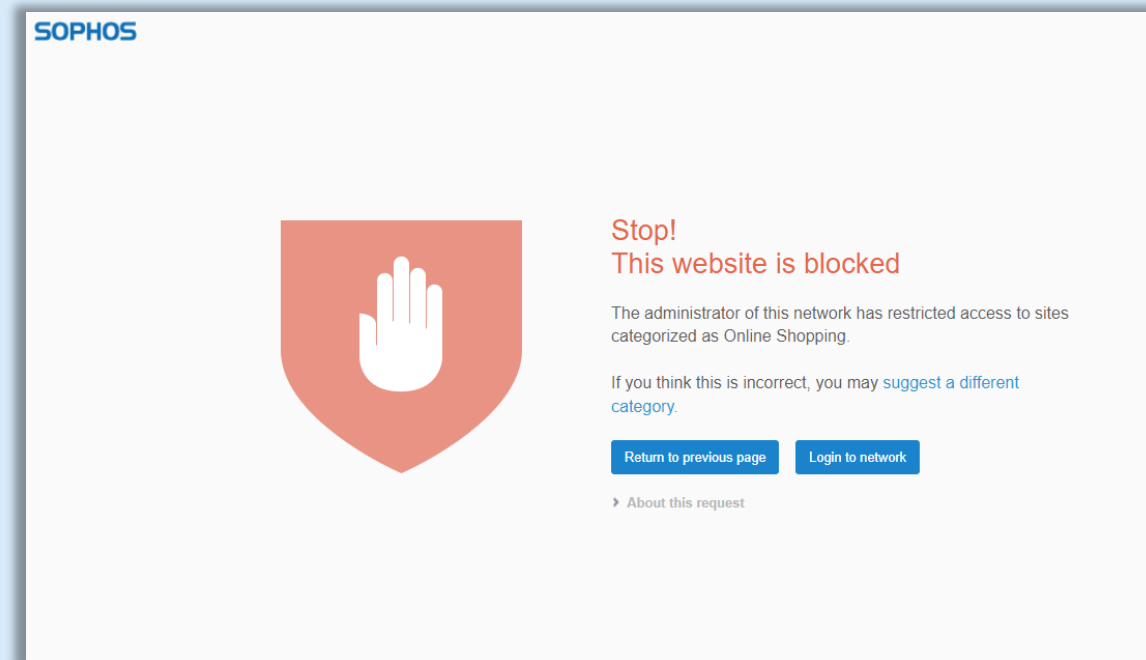
- No camera
- No apps
- No internet
- 22 day battery life!
- Only £24.99!





FILTER

- No filter is 100% effective
- How are the lists of blocked sites kept up to date?
- Does it over block?
- How will this change as your children get older?
- What about older siblings?



- Device parental controls
- Parental control apps
- Your ISP
- Your child's mobile network
- Your home router



MONITOR

- Be present!
- Be curious!
- Parental monitoring software (Qustodio, Netnanny, Famisafe, etc.)
- Linked social media accounts





GETTING AROUND

- No tech measures are 100% reliable.
- Filtering and monitoring can be avoided by:
 - Removing the monitoring client
 - Using a VPN (also used to watch streaming video from other countries)
 - Using a web proxy
 - Using an anonymous browser (e.g. Tor Browser)





SCHOOL DEVICES

- Lots of feedback that you want help with this. We are listening!
- We monitor and filter in school during the school day
- We try not to monitor off the school site or out of hours
- If we happen to become aware of misuse outside of hours, we will contact you
- You can install parental monitoring tools on school devices
- Plan to filter internet access on school devices all the time.



REPORT

- Tell the school immediately if you become aware of any bullying, of your child or another.
- Report underage accounts: all the social networks have easy tools to do this and a legal duty to act (Online Safety Act)
- Report inappropriate content with your child
- Help your child block inappropriate users
- Report 'nudes', grooming and threats to the police (CEOP) at once
- Work with your child to leave unhealthy group chats



ANY QUESTIONS?

