



FRANCIS HOLLAND SCHOOL

SLOANE SQUARE

CO-CURRICULAR ACTIVITIES

2023-2024



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CO-CURRICULAR ACTIVITIES

At Francis Holland School, we believe that the development of your daughters' skills and talents outside the classroom is as essential to their education as academic life in the classroom. We have an extraordinary range of co-curricular clubs and activities on offer; members of staff and students are committed to leading and taking part in this thriving aspect of school life.

With an average of over 25 clubs and activities running each day, we can be certain that your daughter's co-curricular programme will be busy and very much tailored to her own interests.

We are open to the idea of starting new clubs should your daughter wish to take part in an activity which is not listed in this booklet; our aim is to provide the broadest range of experiences to suit every girl in our vibrant school!

PERFORMING ARTS

BALLET

The aim of ballet within school is to inspire and nurture a love of classical ballet, its history and traditions. Students are prepared for examinations of the Royal Academy of Dance and also for various school performances.



All Year Groups
In partnership with Chelsea Ballet School
A range of fees apply

DANCE CLUB

Based on jazz and modern dance technique, Dance Club incorporates warm-up work, corner work and choreography. Pupils are able to explore a range of recent dance music, and progress their skills accordingly.



Years 7-9

DRAMA CLUBS

Auditions for the Whole School Musical will be held in September and the cast will rehearse twice a week. There is further opportunity for Year 7 & 8 pupils to perform in the Lower School Play and Drama Club is also open to Lower School pupils throughout the year.



All Year Groups
Run by: The Drama and Music Depts

ACTING AND PERFORMANCE COACHING

These group workshop classes offer girls the chance to extend their acting skills. There is an emphasis on specific texts and acting techniques. Pupils can choose whether to prepare for Trinity Acting Examinations or the LAMDA qualifications.



All Year Groups (£105 per term)
Run: by Miss Leaf

BAND JAM!

A close-knit musical ensemble, playing pop music and other contemporary styles. We welcome all instruments, including piano, guitar, bass, saxophones, drums, voice and other instruments looking to jam! Come and build your musical skills in a fun group.



All Year Groups
Run by: Mr Moore

CHAPEL CHOIR

An opportunity for students to develop musicianship skills, join a choir with students from across the school and have more fun through singing. We explore a range of music, including Sacred Music in preparation for Church Services and special events.



All Year Groups
Run by: Mr Wood

PERFORMING ARTS

COMPOSITION CLUB

This is a safe space to explore the songwriting and composition process as well as share musical ideas with peers. A variety of composition styles are covered, including pop songs, minimalism, film music and much more.



Years 7-11
Run by: Mr Wood

TRAINING INSTRUMENTAL ENSEMBLE

For those beginning their journey of performing together as a group. We develop listening skills and work on musicianship in order to play flexible arrangements in a low-pressure environment. Players of any orchestral instrument to any standard, as well as guitarists, are welcome.



All Year Groups
Run by: Mr Mercer

JAZZ VOCAL GROUP

An opportunity to sing and listen to Jazz and other contemporary music, guided by our in-house professional Jazz Singer, Miss Houlder. Come and expand your knowledge of the genre and have fun exploring skills like blues improvisation, scatting and more!



All Year Groups
Run by: Miss Houlder

LOWER CHAMBER CHOIR

Open to all girls in Years 7 and 8 who sing in the Lower School Choir and are interested in singing more challenging repertoire. By audition only.



Years 7-8
Run by: Mr Mercer

LOWER SCHOOL CHOIR

Open to all girls in Years 7 and 8 who enjoy singing a wide variety of repertoire for enjoyment. Previous choir tours have included trips to Edinburgh, Sorrento, Florence and Salzburg.



Years 7-8
Run by: Mr Mercer

MUSIC SCHOLARS MEET

This is a space for Year 7 to 13 Music Scholars to socialise and discuss musical topics and news. We discuss musical current affairs, the music industry, life as a musician and listen to a range of music in a setting away from the world of rehearsals and concerts.

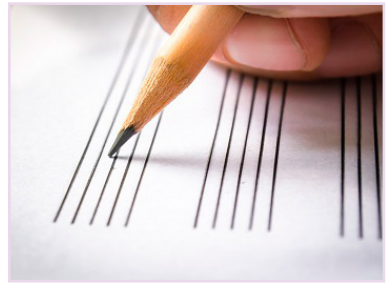


All music scholars
Run by: Miss Vickery

PERFORMING ARTS

MUSIC THEORY GROUP

Open to all girls who are working towards taking their Grade 5 Theory exam.



All Year Groups
Run by: Mr Wood

ORCHESTRA

Open to all girls who play an orchestral instrument to at least Grade 4 standard. By invitation only.



All Year Groups
Run by: Miss Vickery

SENIOR CHAMBER CHOIR

Open to all girls in Year 9 and above who sing in the Senior Choir and are interested in singing a more challenging repertoire. By audition only.



Years 9-13
Run by: Miss Vickery

SENIOR CHOIR

Open to all girls from Year 9 and above who enjoy singing a wide variety of repertoire for enjoyment. Come along to a rehearsal.



Years 9-13
Run by: Miss Vickery

SENIOR STRINGS

This is a great opportunity for any strings players to develop their chamber playing. We play a range of music, and work on our musicality and confidence as an ensemble. Some grade examination experience for violin, viola and cello players would be ideal to get the most out of this group.



All Year Groups
Run by: Miss Smith

DJ CLUB

For absolute beginners. Step by step guidance so that you feel familiar with the decks and confident enough to mix all genres and play live at your parties!



All Year Groups
Run by Mr Page

CREATIVITY

ART SCHOLARS CLUB

All Art Scholars are invited to attend a weekly collaborative group led by Sixth Form Art Scholars to work on bespoke projects.



All art scholars
Run by: Mr Edes

CREATIVE WRITING

Whether it's stories, poems, plays, scripts or collaborations, this club is for all who love writing. Work on individual pieces, brainstorm ideas and talk about writing to those who love it. Gain valuable guidance from an experienced NYU creative writing teacher, published novelist, columnist and author of seven books.



All Year Groups
Run by: Mrs Shevah

CROCHET CLUB

An opportunity to learn a fun and relaxing new hobby. A place where students can express their creativity through the singular and somewhat rare art of crochet. All materials and equipment provided.



Years 12-13
Run by: Mrs Ramage

CHELSEA FASHION SCHOOL

Innovative fashion, design and sewing at the creative fashion hubs at Chelsea Fashion School.



Years 7-9 (£30 per session)
Chelsea Fashion School

LOWER SCHOOL ART CLUB

This fun and creatively inspiring club gives girls the opportunity to express themselves, learn new skills and develop artwork outside of lesson time.



Years 7-8
Run by: Ms Edgeley
and Ms Coleman

MAGAZINE CLUB

An opportunity to come together and work collaboratively towards producing a termly magazine distributed online and around the school. Students can contribute articles to the magazine, as well as be a part of the editing and page layout processes.



All Year Groups
Sixth Form Ambassadors

CREATIVITY

MAKERY CLUB

Pupils produce an exciting array of artefacts including lava lamps, greetings cards, golden Christmas baubles and gingerbread houses. Materials are provided.



Years 7-10
Sixth Form Ambassadors

MUSICAL HANG OUT & SONG WRITING

Members share ideas that they are working on, play songs, and generally talk about all things song-related! It is fun and informal, and no musical expertise is required to attend. It is run by Mr Russell, who has released two albums of his own!



All Year Groups
Run by: Mr Russell

ATHLETICS TRAINING

Athletics training takes place in the Millennium Arena, Battersea Park. Pupils are able to work towards a particular event and target their fitness levels. This is a particularly popular club when preparing for the summer competitions and Sports Day.



All Year Groups (Summer)
Run by: PE Department

CRICKET

Cricket Club aims to encourage the girls' passion for cricket. Girls are taught how to bowl, field and bat. We enter two super cricket tournaments throughout the year, which are held at the prestigious Lord's Cricket Ground.



All Year Groups (Summer)
Run by: PE Department

CROSS COUNTRY

Pupils are given the opportunity to take part in a weekly running session throughout the year. Different levels are accommodated for, both on the pavement and the athletics track at Battersea Park.



All Year Groups (Autumn and Spring)
Run by: PE Department

SPORT

FOOTBALL

Pupils have the opportunity to take part in a weekly football training session. Girls are taught to strike, attack and defend the ball. Match play dominates the sessions and much fun is had!



Years 7-9 (£70 per term)
Run by: Bloomsbury Football Club

GYMNASTICS SQUAD

The club is led by one of the leading Gymnastics Clubs in London. Girls who are invited to attend will train at the top level, working on tumbling and vault skills in preparation for competition in Spring.



Years 7-11
Run by: ASG Gymnastics
Fees apply

HOCKEY

Weekly sessions will allow players to develop their hockey skills, learn how to play in different positions on the pitch and play in competitive match situations. There will also be opportunities to represent Francis Holland in matches.



All Year Groups (Spring)
Run by: PE Department

HORSE RIDING

Pupils in the Lower School have the opportunity to learn to ride, or develop existing skills in Hyde Park. Basic equestrian management is learnt alongside riding skills in the park during the warmer months.



Years 7-8 (Autumn /Summer)
£250 per half term
Run by: Ross Nye Stables

NETBALL

All year groups have access to dedicated additional coaching and support, which allows players to achieve their full potential. The sessions are tailored to increase fitness, skill level and match play.



All Year Groups (Autumn & Spring)
Run by: PE Department

PILATES

Pilates is an excellent club for all. It aims to focus on core stability as well as promoting a positive state of mind. All pupils are very welcome to take part in a taster session.



All Year Groups
Run by: PE Department

SPORT

ROWING

Rowing Club takes place at Fulham Reach Boat House and allows rowers the opportunity to develop their rowing skills.



Years 9-13
(Autumn & Summer £220 per term)
Run by: Fulham Reach Boat Club

RUNNING

Older pupils have the opportunity to develop their fitness and running technique with sociable and friendly paced jogs around the local area, including Hyde Park and along the river. All abilities welcome.



Years 11-13
(Autumn & Summer)
Run by: Mrs Ramage

SWIMMING

Taking place at Queen Mother Sports Centre, this allows swimmers to put into practice what has been learnt in swimming lessons. The sessions will focus on the repetition of drills in order to perfect technique and increase overall speed and fitness for swimming.



Years 7-13
Run by: PE Department

KRAV MAGA

Krav Maga is self-defence system to ensure personal safety. It is derived from a combination of techniques used in aikido, judo, karate, boxing, and wrestling.



Years 7-10 (£200 per term)
Run by: Ciaran Larkin

TENNIS

Tennis training takes place in Battersea Park. Players are taught to play a range of shots, serve with accuracy and remain agile. Beginner Level to Elite Level



All Year Groups (£100 per term)
Run by: Tribal Tennis

BASKETBALL

A fun and friendly recreational session. Improve your dribbling, passing and rebounding and develop athleticism and stamina too!



All Year Groups
Run by: Sports Ambassadors

SPORT

KICK BOXING

This martial arts class helps to develop general fitness, burn off energy, build confidence and equip you with skills to protect yourself.



Years 7-11 (£200 per term)
Run by: Ciaran Larkin

SCOTTISH REELING

The Reel is a traditional Celtic dancing form. Covering the basic formations, steps and dance routines, this club is a huge amount of fun and a joyful and energetic way to spend a lunchtime!



Years 7-9
Run by: Miss Wigdahl

ULTIMATE FRISBEE

A fun, fast-paced and non-contact team sport played with a disc flung by hand. Points are scored by passing the disc to a teammate in the opposing end zone.



Years 8-13
Run by: Mr Clements

SPORT TRIALS SEPTEMBER 2023

Y7 NETBALL

There are two trial sessions for the Y7 netball squads. Pupils should only attend one. The netball trials will be held at Battersea Park Millennium Arena.

(There is no need to attend a trial to join the recreational netball group.)

Y7 Netball Trials	Tuesday 5th Sept	16:15-17:25	(Batt Park)
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Y7 Netball Trials	Wednesday 6th Sept	16:15-17:25	(Batt Park)
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Y7 SWIMMING AND GYMNASTICS

Trials for the Swimming Squad will be held at the Queen Mother Sports Centre SW1V 1EL. The Gym Squad trials will be held in the gym at School.

Swim Squad Trials	Friday 8th Sept	07:00-08:00	(QMSC)
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Gym Squad Trials	Monday 11th Sept	16:15-17:25	(At School)
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DEBATE AND DISCUSSION

CURIOUS CLUB

This is an invitation-only stretch and challenge club. Pupils explore topics beyond the curriculum, such as evaluating China as a 'World in a Country'. Students also play problem-solving games like virtual escape rooms. Pupils are invited based on the high standard of their academic work and teachers' recommendations.



Years 7-8
Run by: Miss Lorimer

DEBATING

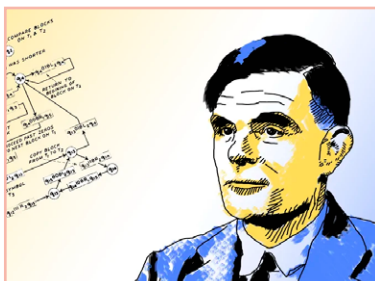
Debating is a key part of life at Francis Holland. The School hosts an exciting programme of debate clubs and training. The skills that debating teaches carry through into the rest of life and it is also great fun!



All Year Groups
£7.50 per session
Run by: Miss Wigdahl

ALAN TURING CRYPTOGRAPHY CLUB

Cryptographical techniques are used everywhere in modern everyday life. The members of this club work together as quickly as possible to crack codes and learn more about the life and work of Alan Turing.



Years 7-11
Run by: Sixth Form Ambassadors

DEBATE AND DISCUSSION

PODCASTING

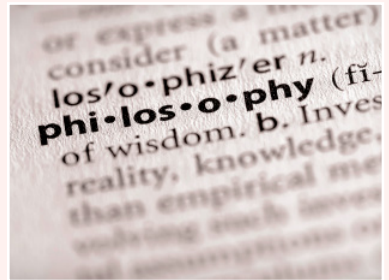
Podcasting club allows Year 7s to gather around our state-of-the-art equipment, and to develop confidence in their own voice. The club offers girls the chance to record, and later edit, their own podcasts which might be based on school life, current affairs or a topic of their choosing.



All Year Groups
Run by: Mr Dyson

THE GOOD PLACE

The school philosophy club. Often inspired by girls' suggestions, the group enjoys thoughtful discussions and lively debate on all number of matters philosophical and ethical. A forum for the free expression of thought and speech.



All Year Groups
Run by: Miss Hunt &
Sixth Form Ambassadors

UNITED NATIONS

A pupil-led popular activity for those interested in learning more about how the UN operates. Perfect for tomorrow's leaders in law, government, business and the arts.

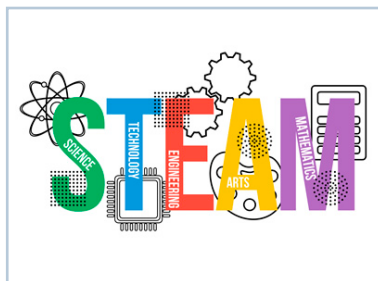


Year 11
Run by: Mika B

SCIENCES

STEAM: CONSTRUCTION CLUB

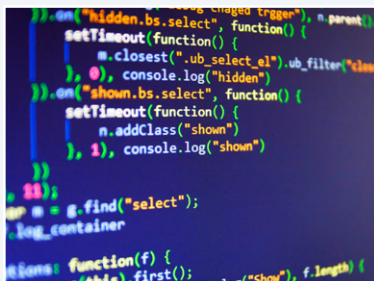
Come and make stuff! Using a variety of materials and techniques we will construct with a focus on maths, science concepts, design, art, engineering, fine motor skills, perseverance, resilience, teamwork, cooperation, problem solving and logic!



All Year Groups
Run by: Miss Ballie-Whyte

COMPUTER SCIENCE: MAGIC TRICKS AND PUZZLES

Fun Computer Science in action! Code-breaking, 3D design, AI, data science and writing games and nifty magic tricks!



All Year Groups
Run by: Dr Connolly

DISSECTION CLUB

Pupils, who are curious about understanding how our bodies and plants work, explore the structure of organs and practise dissection using dissecting equipment. Dissectors develop their observational skills and discover the importance of different organs for survival.



Year 8
Run by: Science Department

GEOGRAPHY ENRICHMENT

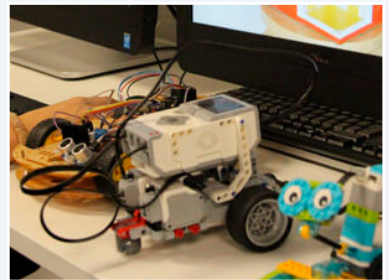
This society focuses on a contemporary theme of geographical interest. We will listen to a talk of interest and follow-up with discussion.



Years 12-13
Run by: Miss Mackenzie
and Miss Hammond

ROGUE ROBOTICS

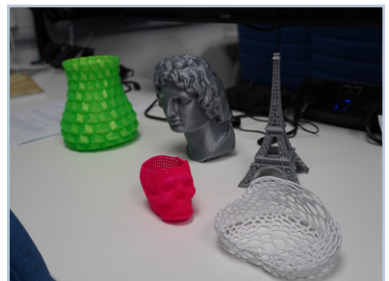
This club offers girls creative opportunities to work collaboratively building and programming Lego robots, using either block based code or python.



All Year Groups
Run by: Dr Connolly

3D MODELLING & COOL CAD

3D modelling software and modelling techniques are explored to produce models printed using our 3D printers. We discuss practical uses of 3D modelling before moving towards making complex models with moving parts.



Years 7-11
Run by: Ms Riaz

SCIENCES

STEAM: HYDROPONICS

Club members have built a working prototype of an ebb and flow aquaponics system, with guppies providing the natural fertilizer to grow a crop of basil. Come along to build an improved system to run controlled experiments to compare crop yields while also trialling an aeroponics tower garden system!



Years 9-13

Run by: Dr Bourne and Dr Price

STEAM: COSMETIC CHEMISTRY

This is a club for anyone who is excited to find out how Science fits into the world of cosmetics. Members of this club always have a fantastic time making bath bombs, shampoo and lip balm!



Years 7-8 (First half term only)

Run by: Mr Trussell
and STEAM Prefects

STEAM: MINI ATTENBOROUGH MAGIC

Pupils work on building a large scale 3D model of a savannah biome, complete with watering hole, trees constructed from natural materials and grassy plains created with an electrostatic flocking machine. Clay models of savannah creatures are used to film stop motion animations.



Years 7-8

Run by: Dr Price and Miss Vyas

EXPLORATION AND ENTERPRISE

DUKE OF EDINBURGH

A voluntary, non-competitive programme of physical, volunteering and skills activities with a group expedition. Developing leadership, problem-solving, communication, self-belief and team-building skills; DofE is a great opportunity to experience new activities and make new friends.



Years 9-13
Run by: Mr Russell

YOUNG ENTREPRENEURS

Students develop creative, entrepreneurial, practical, organisational, team work and problem-solving skills. We compete in the Young Enterprise Competition against other schools.



All Year Groups
Run by: Mr Dyson

SUSTAINABILITY CLUB

“Act Now!” is our motto; girls from all year groups commit to leading or supporting at least one initiative to make FHS a greener, less wasteful, lower carbon place.



All Year Groups.
Run by: Miss Hammond
& Mr Macdonald-Brown

MODERN FOREIGN LANGUAGES

BILINGUAL GERMAN

This club offers bilingual German speakers the chance to play fun German games, speak to each other in German and practise key grammar points, which are vital for German GCSE.



Years 7-9
Run by: MFL Department

BILINGUAL ITALIAN

Native Italian speakers are given the skills to perfect their mother tongue, through listening, speaking, reading and writing tasks, including grammar exercises where appropriate. Girls also explore exciting cultural material and have the opportunity to take the IGCSE.



Years 7-8
Run by: MFL Department

BILINGUAL SPANISH

To help improve their writing, spelling, fluency and cultural understanding of the Hispanic countries their families are from, pupils partake in cooperative dynamics, games, debates and research. Our Spanish film nights are always very popular!



Years 7-9
Run by: Mr Berni Laguna

CONNECTIONS, CULTURE AND RELIGION

AFTERNOON TEA GROUP

We meet one Friday per month after school to visit an exhibition, museum or gallery. This is followed by afternoon tea and discussion of what we have seen.



Years 12-13
Run by: Miss Boon

BOARD GAMES

All pupils are welcome to come to the Senior Hall and play board games with their friends and other year groups, or try to beat teachers. From strategy games like Chess and Dixit, to fast-thinking games like Articulate and 5 Second Rule, to classics like Cluedo and card games; there's something for everyone!



All Year Groups
Run by: Miss Vyas
and Mr Trussell

CHARITABLE

Service is a core value we strive to instil in everyone at FHS and CharitAble is a great way to get involved in giving back to others. CharitAble supports good causes, by planning, promoting and delivering charity events such as Playground Takeovers, and visiting linked charities such as KLS to volunteer our time.



All Year Groups
Occasional meetings
Run by: Mr Galloway

CONNECTIONS, CULTURE AND RELIGION

CLASSICS CLUB

This club appeals to those intrigued by the mythology and culture of ancient societies including Greece, Rome, Egypt. We create our own responses to the ancient world, whether that's making our own cuneiform tablets, excavating ancient sites on Minecraft, or writing newspaper articles about the Labours of Hercules.



Years 7-9
Run by: Dr Hayes, Mr Hayward
and Miss Bhatti

EXPLORING CHRISTIANITY

An opportunity to learn more about the Christian faith, whether as a believer or a sceptic. We'll think carefully and critically about the claims of Jesus and consider why Christianity turned the ancient world upside down.



All Year Groups
Run by: Mrs Buchanan
and Miss Bhatti

FIRST CHAPTERS READING

Stuck for something to read? Always reading books in the same genre? Fear not! Come to First Chapters Reading Club. Every week, we read the first chapter of different books, and chat about what we think of it. It's a great way to find reading material and books outside our normal genres.



All Year Groups
Run by: Mrs Shevah

CONNECTIONS, CULTURE AND RELIGION

LITERATURE SOCIETY

Lit Soc is a group of literature lovers, mostly in the Sixth Form. We meet weekly to read and discuss a short text by a classic author or the lyrics of a great songwriter. We begin knowing nothing and end delighted and enlightened.



Years 11-13
Run by: Mr Macdonald-Brown

POWERNAP CLUB

Come along to Powernap Club and take a step away from busy School life to relax and recharge.



Year 9
Run by: Miss Rinck

CHESS CLUB

A pupil-led group. Connect and compete with your friends and work on your chess strategy.



All Year Groups
Run by: Pupil led

CONNECTIONS, CULTURE AND RELIGION

CHRISTIAN SOCIETY

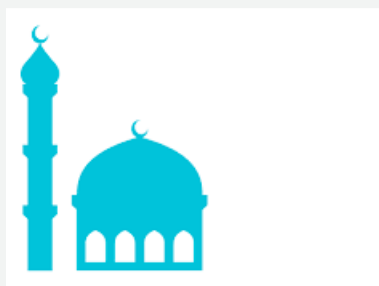
An opportunity for you to discover, enjoy and deepen your Christian faith with our school Chaplain. Confirmation classes are offered as part of this club during the Autumn and Summer Terms.



All Year Groups
Run by: Rev'd van der Hart

ISLAMIC SOCIETY

We support students in learning about and developing their faith. The society helps to maintain an accessible prayer room and make arrangements for Ramadan. Muslims and non-Muslims are welcome to take part, question, learn and grow.



All Year Groups
Run by: Mrs Riaz

JEWISH SOCIETY

A half-termly gathering for Jewish students and all those interested in learning more about Judaism. Come and learn about the Jewish religion, culture and values and enjoy celebrating Jewish festivals.



All Year Groups
Run by: Mrs Shevah

CONNECTIONS, CULTURE AND RELIGION

CHAPLAIN'S DROP IN

Join Rev'd van der Hart to talk about life, faith and everything else. Hot chocolate, cookies and haribo feature...! . No sign up necessary.



All year groups
Run by: Rev'd van der Hart

JOURNALLING AND ILLUSTRATING

A peaceful club! Reflective drawing and journalling accompanied by calm classical music.



All year groups
Run by: Miss Dawson

HOW TO ENROL

Sign-up for clubs via the [QR code](#) below or via the link that has been emailed to you.

- The deadline for enrolment is 16th July at 17:00.
- Clubs run at lunchtime and after school.
- The majority of clubs are open to all pupils.
- Some clubs are provided by external providers and incur a fee. Costs of clubs are highlighted in the co-curricular booklet and on the online enrolment form. Any co-curricular costs are added to end of term bills.
- Pupils are expected to commit to their chosen clubs for the duration of the term.
- Some clubs have a limited number of spaces. Where clubs are oversubscribed, places will be selected using a random number generator system with priority given to those who have not yet had an opportunity to attend that club the previous term. After selection, a waiting list will operate.
- Some clubs are invitation only after trials / auditions.
- Club lists will be confirmed before the start of the term.

Still got questions? Please email Mrs Floyd: rf@fhs-sw1.org.uk

