



FRANCIS HOLLAND SCHOOL
SLOANE SQUARE

CO-CURRICULAR ACTIVITIES
2017/18



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Welcome to a new academic year and to another opportunity to get involved in the amazing range of co-curricular activities available to all students at Francis Holland School.

At Francis Holland we believe that the development of students' skills and talents outside the classroom is as essential to their education as academic life in the classroom. We have a fantastic range of co-curricular activities on offer to girls each year, and staff and students are committed to leading and taking part in this thriving aspect of school life.

This booklet gives you a flavour of some of what is available. We look forward to seeing you at our Co-Curricular Fair at the start of term where you can find out more and sign up to get involved!

Paul Jeanes
Deputy Head

PERFORMING ARTS (DRAMA, DANCE, MUSIC)

BALLET

The aim of ballet within school is to inspire and nurture a love of classical ballet, its history and traditions. Students are prepared for examinations of the Royal Academy of Dance and also for the school's internal ballet competition.



For whom: All years
Run by: Mrs Hitchen

DANCE CLUB

Based on jazz and modern dance technique and incorporates warm-up work, corner work and choreography. The girls are able to explore a range of recent dance music, and progress their skills accordingly.



For whom: Years 7-8
Run by: Mrs Gilly Bailey-Smith

FLUTE CHOIR

Open to all girls who play the flute. Please see Miss Davidson.



For whom: All years
Run by: Miss Davidson

PERFORMING ARTS (DRAMA, DANCE, MUSIC)

JAZZ GROUP

Open to all girls who play: saxophone, trumpet, trombone, clarinet, flute, violin, guitar, piano, bass or drums. Please see Miss Davidson or come along to a rehearsal.



For whom: All years
Run by: Miss Davidson

LOWER CHAMBER CHOIR

Open to all girls in Years 7 and 8 who sing in the Lower School Choir and are interested in singing more challenging repertoire. By audition only. Please see Miss Davidson.



For whom: Years 7-8
Run by: Miss Davidson

LOWER SCHOOL CHOIR

Open to all girls in Years 7 and 8 who enjoy singing a wide variety of repertoire for enjoyment. Previous choir tours have included trips to Sorrento and Salzburg. Please see Miss Davidson or come along to a rehearsal.



For whom: Years 7-8
Run by: Miss Davidson

PERFORMING ARTS (DRAMA, DANCE, MUSIC)

MUSIC TECH CLUB

Open to all girls who would like to learn more about music technology. You'll have the chance to create and record your own music. Come and work in C1 and Miss Davidson and the A Level Music Tech students.



For whom: All years
Run by: Miss Davidson

PERFORMING ARTS (DRAMA, DANCE, MUSIC)

SENIOR CHOIR

Open to all girls from Year 9 to Upper Sixth who enjoy singing a wide variety of repertoire for enjoyment. Please see Miss Vickery or come along to a rehearsal.



For whom: Years 9-13
Run by: Miss Vickery

ORCHESTRA

Open to all girls who play an orchestral instrument to at least Grade 4 standard, by invitation only. Directed by Miss Vickery.



For whom: All years
Run by: Miss Vickery

SPEECH AND DRAMA

Performers explore contemporary and classical work informed by current theatre productions in group workshops. Monologues and Duologues can be developed through to a UCAS recognised Trinity and Guildhall examination. The creative freedoms and experiences offered have led to former students writing and performing at the Royal Court and Old Vic Theatre.



For whom: All years
Run by: Miss Leaf

SENIOR CHAMBER CHOIR

Open to all girls in Year 9 and above who sing in the Senior Choir are interested in singing a more challenging repertoire. By audition only. Please see Miss Vickery.



For whom: Years 9-13
Run by: Miss Vickery

THEORY GROUP

Open to all girls who are working towards taking their Grade 5 Theory exam. Come and work in C1 and Miss Macrae will be around to help with any problems you encounter. See Miss Macrae or just turn up!



For whom: All years
Run by: Miss Macrae

CREATIVE ARTS

PHOTOGRAPHY CLUB

Photography Club will appeal to pupils passionate about taking photos who want to learn to improve their skills, work on projects and share their work. No camera required but enthusiasm and dedication necessary!



For whom: Years 7-9
Run by: Mr Edes

PHOTOSHOP CLUB

Photoshop Club is an opportunity to learn creative industry level skills and apply them to personal projects. You will learn to manipulate images and create whole new worlds using your creative Photoshop skills. No previous experience needed!



For whom: Years 9-13
Run by: Miss Arlington

CREATIVE ARTS

POTTERY CLUB

Pottery Club offers interesting and exciting projects for girls to create and decorate their own masterpieces in clay. Anna is an internationally renowned ceramicist and potter who has had many successful exhibitions.



For whom: All years
Run by: Anna Barlow

LOWER SCHOOL ART CLUB

This fun and creatively inspiring club gives girls the opportunity to express themselves, learn new skills and develop artwork outside of lesson time.



For whom: Years 7-9
Run by: Ms Edgeley

ATHLETICS TRAINING

Athletics training takes place in the Millennium Arena. Girls are able to work towards a particular event and target their fitness levels. This is a particularly popular club when preparing for the summer competitions and sports day.



For whom: All years (Summer)
Run by: PE Staff



For whom: Years 7-11 (invitation only)
Run by: Sponte Gymnastics

ELITE GYMNASTICS

The club is led by former world class gymnasts from one of the leading Gymnastics Clubs in London. Girls who are invited to attend will train at the top level, working on tumbling and vault skills in preparation for competition in Spring.

CRICKET

Cricket Club aims to encourage the girls' passion for cricket. The girls are taught how to bowl, field and bat. We enter two super cricket tournaments throughout the year, which are held at the prestigious Lord's cricket ground.



For whom: Years 7-9
Run by: Mr Mason



For whom: All Years
Run by: FHS staff

FITNESS CLUB

Classes will vary between circuit training, interval training and team fitness. Each session will be a combination of both cardiovascular and strength exercises and will leave you feeling energised for the day ahead!

CROSS COUNTRY CLUB

Girls are given the opportunity to take part in a weekly running session throughout the year. Different levels are accommodated for, both on the pavement and in Battersea Park.



For whom: Years 7-13
Run by: PE Staff



For whom: All years (Spring)
Run by: FHS Staff

FOOTBALL

Girls have the opportunity, in Spring, to take part in a weekly training session at Battersea Park. Girls are taught to strike, attack and defend the ball. Match play dominates the sessions and much fun is had!

HOCKEY TRAINING

Weekly sessions will allow players to develop their hockey skills, learn how to play in different positions on the pitch and play in competitive match situations. There will also be opportunities to represent Francis Holland in matches.



For whom: All years (Spring)
Run by: PE Staff

HORSE RIDING

Girls in Years 7 and 8 have the opportunity to learn to ride, or develop existing skills in Hyde Park after school on a Tuesday. Girls learn basic equestrian management alongside riding skills in the park during the warmer months.



For whom: Years 7-8 (Autumn & Summer)
Run by: Ross Nye Stables

NETBALL TRAINING

All year groups have access to dedicated additional coaching and support, which will make a real difference in helping the players achieve their full potential. The sessions are tailored to increase fitness, skill level and match play.



For whom: All years (Autumn)
Run by: PE Staff

PILATES

Pilates is an excellent club for all girls. It aims to focus on your core stability as well as a positive state of mind. All girls are very welcome to take part in a taster session.



For whom: All years
Run by: Mrs Gilly

ROUNDERS TRAINING

Rounders training focuses on the skills, tactics and game play. The girls are taught to work as a team and calculate risks. All girls have the opportunity to take part in the weekly matches against local schools.



For whom: All years (Summer)
Run by: PE Staff

ROWING CLUB

Girls have the opportunity to develop their rowing skills each Friday after school at the prestigious Fulham Reach Boat Club.



For whom: Years 9-13 (Autumn & Summer)
Run by: FRBC staff

RUNNING CLUB

Our Senior girls have the opportunities to develop their fitness and running technique with sociable and friendly paced jogs around the local area, including Hyde Park and along the river. All abilities welcome.



For whom: Years 10-13 (Autumn & Summer)
Run by: Mrs Price

SKIING

Our elite ski team have the opportunity to have 6 weeks pre-competition training on the indoor slopes at Chel*ski on the Kings Road. Girls are trained to improve core stability, fitness and specific slope skills.



For whom: Elite Ski Team (Invitation only)
Run by: Chel*ski

SWIMMING CLUB

This is a fantastic opportunity to put into practice what you have learnt in your swimming lessons. The sessions will focus on the repetition of drills in order to perfect your technique and increase your overall speed and fitness for swimming.



For whom: Year 7-10
Run by: Miss Julia/Miss Lauren

TENNIS CLUB

Tennis training takes place in Battersea Park. The girls are taught to play a range of shots, serve with accuracy and remain agile.

Tennis training and matches take place in the Summer term.



For whom: Years 7-10
Run by: Mr Lamb

YOGA CLUB

An opportunity to build up strength, improve balance, establish coordination and to relax. Most importantly, this club is fun. You will leave feeling better than when you walked in and all poses are accompanied by a smile!



For whom: All years
Run by: Miss Adams

DEBATE AND DISCUSSION

CURRENT AFFAIRS SOCIETY

Students lead this thriving group. Each week, they run a current affairs quiz and lead a presentation about a different aspect of politics and discuss the impact upon the lives of individuals around the world.



For whom: All years
Run by: Student-led

DEBATING

Debating is a key part of life at Francis Holland. The school hosts an exciting programme of debate clubs and training. The skills that debating teaches carry through into the rest of life and it is also great fun!



For whom: All years
Run by: Father Kenny and Mrs Banks

FACE TO FACE SOCIETY

This society will meet weekly and be a space where the school community can enter into dialogue and debate with people of a wide range of religious, ethical and philosophical backgrounds.



For whom: Years 9-13
Run by: Father Kenny

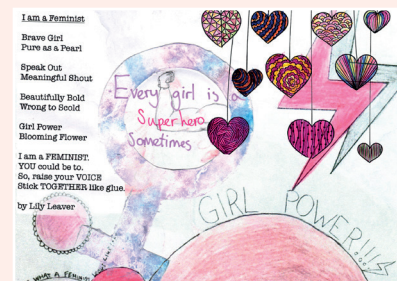
DEBATE AND DISCUSSION

FEMINIST SOCIETY

At Feminist Society we explore feminist ideas and topics, debate current issues, learn and share experiences but most importantly, we tackle gender inequality. Encouraging you to develop well-informed opinions that have been challenged by rigorous debate. You will leave feeling confident enough to assert your opinions and take action in support of your beliefs. We also have treats!



For whom: Year 10-13
Run by: Miss Arlington



For whom: Years 7-9
Run by: Dr Buglass, Miss Guessens & Miss Macrae

SISTERHOOD CLUB (JUNIOR GIRLS' FEMINIST SOCIETY)

Sisterhood Club is a chance to discuss issues surrounding our lives, as women, right now.

We will do this alongside watching inspiring talks, drawing and having a snack! The aim is to support one another and the women we will encounter in our lives. We seek equality in our lives, for both the sexes.

UPPER SCHOOL HISTORY DISCUSSION GROUP

If you love History and would like to investigate topics beyond and outside the curriculum, then join the Upper School History Discussion Group. You will be given a range of extension articles to read in preparation for discussion with your peers and members of the History Department.



For whom: Years 9-11
Run by: Miss Boon

ENGINEERING CLUB

This club is for those who wish to make things of relevance to engineers. Some examples of what we will make include: bridges, radio receivers, generators, motors and some robotics.



For whom: Years 10-13
Run by: Mr Dare

GEOGRAPHICAL SOCIETY

The society will focus on a contemporary theme of geographical interest. We will listen to a talk of interest and follow-up with discussion.



For whom: Years 10-13
Run by: Mr Allan & Miss Mackenzie

MEDICAL SOCIETY

For those particularly interested in studying Medicine at university, this club gives an opportunity to deepen scientific knowledge and ignite a passion for the topic.



For whom: Anyone interested in medicine
Run by: Sixth Form

PSYCHOLOGY SOCIETY

A chance to delve into the fascinating areas of Psychology that help us to understand the human brain and behaviour. All sessions will require active involvement in experimentation and discussion.



For whom: Years 7-13
Run by: Mr Casselle

SLOANE SEQUENCE ONE

Sloane Sequence One is our Maths Club. It's an opportunity to do some problem-solving or investigations in Maths as well as being a club for our 'Mathletes' to prepare for competitions.



For whom: Years 8-10
Run by: Mr Taylor

EXPLORATION AND ENTERPRISE

ANIMAL CLUB

Members of the club enjoy learning to look after the wide variety of animals that we keep in school. These range from hamsters, gerbils and chinchillas to fish, a leopard gecko, a corn snake and even a tarantula!



For whom: Year 7
Run by: A member of the Science department

DUKE OF EDINBURGH

A voluntary, non-competitive programme of physical, volunteering and skills activities with a group expedition, for anyone aged 14-24. Developing leadership, problem-solving, communication, self-belief and team-building skills; DofE is a great opportunity to experience new activities and make new friends.



For whom: Year 10
Run by: Miss Holley

ENTERPRISE

Students develop creative, entrepreneurial, practical, organizational, team work and problem solving skills. This year's challenge is to set up a for-profit fashion show. Girls get involved in designing and making garments as well as marketing and putting together the show. We compete in the Young Enterprise Competition against other schools.



For whom: Year 12
Run by: Mrs Hyde

EXPLORATION AND ENTERPRISE

ENVIRONMENT CLUB

The Environment Society seeks enthusiastic and environmentally aware pupils of any age to help reduce the school's carbon footprint and to spread the important message about saving the environment.



For whom: All years
Run by: Mr Bartram

FESTIVAL CHALLENGE

Years 11 and 12 get the opportunity to design and make a recyclable rainproof to be worn at an – invariably muddy – music festival. This fun challenge is held one Wednesday afternoon in January instead of PE. Girls need to be creative and resourceful, and present their model to the class. Winners and runners-up get a prize.



For whom: Years 11-12
Run by: Mrs Hyde

STUDENTINVESTOR

Girls can take part in the share competition. This is run by StudentInvestor, with winners and runners-up qualifying for a prize. This is run in teams between October and February. Each team decides on how a fictitious £100,000 is to be invested, follows news on their companies and seeks to maximize their return on investment.



For whom: Years 10-13
Run by: Mrs Hyde

MODERN FOREIGN LANGUAGES

BILINIGUAL SPANISH CLUB

To help the bilingual Spanish students in Year 10 taking IGCSE Spanish exam earlier, with their exam preparation.



For whom: Year 10 Bilinguals
Run by: Miss Otega

ITALIAN

Native Italian speakers are given the skills to perfect their mother tongue, through listening, speaking, reading and writing tasks, including grammar exercises where appropriate. Girls also explore exciting cultural material and possibly IGCSE.



For whom: Years 7-9
Run by: MFL Department

MODERN FOREIGN LANGUAGES

MANDARIN

This is a beginners' course and an exciting opportunity for Year 7 to start learning about the Chinese language and culture.

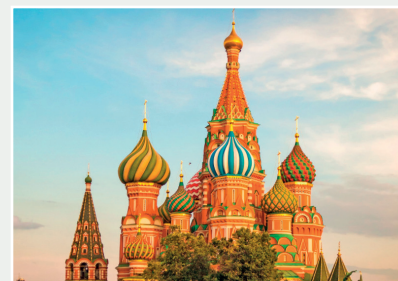
The emphasis of the course is initially focused on the spoken side of Mandarin Chinese and then to progress to writing the characters. Girls will have the opportunity to carry on their study of the language and to potentially sit the GCSE qualification.



For whom: Years 12-13
Run by: MFL Department

RUSSIAN

The purpose of the club is for Russian girls at Francis Holland to meet each other in an informal setting and learn more about the Russian culture. It is also an opportunity for the girls to practise their Russian in preparation for Russian GCSE and A level exams.



For whom: Years 7-11 (Spring)
Run by: Mrs Ramage

CULTURE AND RELIGION

BOOK AND CAKE CLUB

Do you love reading? Do you love cake? Are you in Year 7? Then join Book Club! We will meet once a month to discuss a range of book and cake choices. All opinions are valid and it is an excellent chance to meet each other in a friendly environment.



For whom: Year 7
Run by: Miss Ivison & Mrs Smith

CHRISTIAN UNION

An opportunity to learn more about the Christian faith, whether as a believer or a sceptic. We'll think carefully and critically about the claims of Jesus and consider why Christianity turned the ancient world upside down.



For whom: All Years
Run by: Mr Cawley

CULTURE AND RELIGION

CLASSICS FILM CLUB

Open to all interested in either Classics or Film. Once a month we will watch a film with a Classical theme from the swashbuckling Pompeii film to the inspiring Agora story. (Film age restrictions apply)



For whom: All years
Run by: Classics Department

LITERARY SOCIETY

The society comprises a series of lectures given by external speakers throughout the year. We seek to stimulate interest, curiosity and pleasure in the written word that stretches far beyond the English syllabus.



For whom: All years
Run by: English Department

CULTURE AND RELIGION

MINDFULNESS DROP-IN

Whether you are trained in Mindfulness or are a total beginner, this is an opportunity to take some time out to be with yourself. You will learn techniques that help you manage your emotions and find some peace.



For whom: All years
Run by: Miss Rinck

SIXTH FORM AFTERNOON TEA GROUP

We meet one Friday a month after school to visit an exhibition or part of a museum or gallery. This is followed by afternoon tea and discussion of what we have seen.



For whom: Years 12-13
Run by: Miss Boon

CULTURE AND RELIGION

WORLD CINEMA AND CULTURE SOCIETY

Do you enjoy exploring other cultures through film, drama, literature, exhibitions and talks? Come to WCCS! We also take advantage of events being hosted by the "Institut Français", "Instituto Cervantes" and the "Goethe-Institut" amongst others.



For whom: All years
Run by: MFL Department

ISI Inspection Report, April 2017, noted that:

“Many girls achieve very high standards in extra-curricular activities, particularly in ballet, sport, music, drama, and debating.”

FHS was classified as ‘excellent’ in Educational Quality measured in terms of pupils’ achievements and personal development.



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