

*All our meats are British Red Tractor and farm assured*



FRANCIS HOLLAND SCHOOL  
SLOANE SQUARE

## LUNCH MENU

W/C 3 <sup>RD</sup> JULY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	03/07	04/07	05/07	06/07	07/07
	Sandwich station	Sandwich station	Sandwich station	Sandwich station	Sandwich station
<b>SOUP</b>	Potato & watercress soup	Sweet potato & cumin soup	Cream of cauliflower soup	Honey roasted butternut squash soup	Minestrone soup
<b>BREAD</b>	Granary stick	Granary bloomer	Granary stick	Granary bloomer	Granary stick
<b>MAIN COURSE 1</b>	Paneer Matar (vegetable curry with paneer cheese)	Chargrilled beef burger served in a brioche bun topped with BBQ sauce  Hot dogs	Lamb chilli with tortillas, tomato salsa & guacamole and sour cream	Battered fish with tartar sauce Healthy catch of the day	Garlic & herb butterfly chicken
<b>PASTA OR JACKET POTATO BAR</b>	Jacket potato with selection of vegetarian fillings	Jacket potato with selection of fillings	Stuffed baked jacket potato	Jacket potato with a selection of fillings	Baked sweet potato
<b>VEGETARIAN</b>	Mushroom & spinach carbonara pasta	Gnocchi with pesto & wild rocket	Bean chilli	Polenta with baby spinach & sun blushed tomato tapenade	Spanish omelette
<b>ON THE SIDE</b>	Steamed rice Roasted cauliflower	French fries Asian slaw	Scented rice Roasted vegetables	Chips Garden peas Baked beans	Parmentier potatoes Quinoa and roast vegetable salad
<b>DESSERT</b>	Apple crumble with custard	Seasonal fruit salad or orange drizzle cake	Marble cake	Coconut sponge	Pineapple upside down cake
<b>COLD DESSERT</b>	Fruit yoghurt and specials	Fruit yoghurt and specials	Fruit yoghurt and specials	Fruit yoghurt and specials	Fruit yoghurt and specials