



FRANCIS HOLLAND SCHOOL
SLOANE SQUARE

LUNCH MENU

W/C 22 ND MAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	22/05/2017	23/05/2017	24/05/2017	25/05/2017	26/05/2017
SOUP	Lentil soup	Cream of mushroom soup	Tomato and spring onion soup	Pea and mint soup	Chunky roast root vegetables soup
BREAD	Granary stick	Granary bloomer	Granary stick	Granary bloomer	Granary stick
MAIN COURSE 1	Thai buckwheat noodles with spiced tofu	Chicken Korma	Beef, courgette and mushroom stroganoff	Battered fish with tartar sauce Healthy catch of the day	Chargrilled free range pork steak
PASTA OR JACKET POTATO BAR	Baked beans	Spring vegetable Milanese	Jacket potato with selection of fillings	Vegetable chilli	Jacket potato with selection of fillings
VEGETARIAN	Artichoke roast pepper on mini pitta bread	Vegetarian Byriani with chick pea and spinach	Potato, spring onions and red Leicester cheddar quiche	Spinach and herbs gnocchis	Halloumi and vegetable kebabs with mint yoghurt dressing
ON THE SIDE	Sugar snap peas Baby corn with soba noodles	Naan bread Vegetarian bahji Rice	Steamed rice Broccoli and red peppers	Chips Garden peas Baked beans	Warm Nicoise salad Potato and honey mustard salad
DESSERT	Lemon drizzle cake	Baked rice pudding	Fruit crumble	Flapjacks	Chocolate sponge
COLD DESSERT	A selection of fruit, yoghurt and specials				

All our meats are British Red Tractor and farm assured