



LUNCH MENU

W/C 15 TH JANUARY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	15/01/18	16/01/18	17/01/18	18/01/18	19/01/18
	Sandwich bar	Sandwich bar	Sandwich bar	Sandwich bar	N/A
SOUP	Lentil soup	Miso soup	Broccoli and stilton soup	Minestrone soup	N/A
BREAD	Granary stick	Granary bloomer	Granary stick	Granary bloomer	N/A
MAIN COURSE 1	Mushroom and courgette Stroganoff	Selection of sausages with crisps onions	Thai green chicken curry or Thai red organic tofu curry	Battered fish with Tartare sauce Healthy catch of the day	N/A
PASTA OR JACKET POTATO BAR	Jacket potato with selection of fillings	Vegetarian quesadillas	Jacket potato with selection of fillings	Jacket potato with selection of fillings	N/A
VEGETARIAN	Margarita pizza	Vegetarian sausages	Aubergine, tomato and feta cheese stack with pesto dressing	Pasta bake	N/A
ON THE SIDE	Rice Broccoli Roast cauliflower	Panache of vegetables Steamed new potatoes Sour cream Guacamole	Steamed rice Sweet potato wedges with crushed lemongrass	Chips Garden peas Baked beans	N/A
DESSERT	Apple crumble	Lemon drizzle	Fruit salad	Mango mousse	N/A
COLD DESSERT	A selection of fruit, yoghurt and specials				

All our meats are Free Range